

ABOUT YOUR TEMPORARY

Your temporary is an important intermediate part of your dental care. Your tooth has been cleaned and shaped, and the temporary covers and protects it while the final crown or onlay is being made at the laboratory. It helps stabilize and support the tooth to prevent shifting during this intermediate phase, so *it must stay in place* until you return for the final restoration. You should always call the office if you think something isn't quite right, but this list of common occurrences and symptoms may help to answer some questions.

KEEPING TEMPORARY CLEAN

It is important to continue regular hygiene during the temporary stage. However, do not floss around any teeth that have a temporary restoration. The temporary restoration can be loosened or damaged when using floss.

TEMPORARY COMES OFF

It can be dislodged or broken if the wrong foods are eaten, so stay away from sticky foods, ice, hard foods, and gum. If it comes off, it is very important to re-cement it to prevent the teeth from shifting and to protect the tooth. If you are traveling or unavailable to be seen in our office, there are several materials that can be purchased at most pharmacies. The materials that can be used are Temp-Bond or Fix-A-Dent. Please notify our office immediately as we will usually want to see you the next business day.

TEMPORARY IS SENSITIVE

The temporary will not fit as well as the final restoration, so it can be sensitive to hot, cold, and chewing. Call if it is more than mild or lasts more than a few days.

TEMPORARY FEELS HIGH

Call and come in as soon as possible so your bite can be adjusted. A high temporary can cause soreness and bruising around the tooth.

TEMPORARY FEELS ROUGH

It is plastic and will never be as smooth as the final porcelain, but call us if it is causing a sore spot and we can adjust it.

TEMPORARY DOESN'T LOOK NATURAL

The final restoration should look much more natural, but this is a good opportunity to discuss what you want to change, so let the doctor know.

The temporary is meant to last only a few weeks, so it is important to return for the final restoration at the scheduled time. Prolonging this appointment can result in improper fit and the need to make a new restoration. This risks further damage to the tooth or surrounding teeth and can add additional laboratory fees.

This intermediate phase with your temporary is usually short term and easy. Your help with these guidelines is appreciated and will all be worthwhile when your final, beautiful restoration is in place.